



## 2021-2022



## APS BEE Well Student Wellness Challenge!

School challenge takes place: November 2021-April 2022!

The BEE Well Student Wellness Challenge is a student wellness initiative that is open to all schools for SY22. Schools have the opportunity to sign up on a monthly basis to accept the "challenge," which consists of three (3) wellness activities that the school will track each month. Wellness activities are designed to be conducted in Physical Education class, but can be implemented in however schools choose. Schools that complete the monthly challenge will be eligible for prizes.

The BEE Well Student Wellness Challenge will take place November 2021-April 2022.

For more information, contact Susan Stone, District Wellness Coordinator-

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